



**For Immediate Release**

The Parks, Recreation and Leisure Services Department would like to promote the opening of their FREE After School Program on October 1, 2010.

Silver Birches and Caldwell/Ellam Community Centre will be operating on Mondays, Wednesdays and Fridays.

Alliance and St. Alexander will be operating on Tuesdays, Thursdays and Fridays. All locations will be open from 3pm- 6pm.

The After School Program provides an opportunity for youth ages 10-18 to participate in physical activities, health and wellness, food and nutrition, arts and crafts and a homework club. Youth must be registered to partake in the activities, spaces are limited.

**FOR MORE INFORMATION, CONTACT THE PARKS, RECREATION AND  
LEISURE SERVICES DEPARTMENT  
474-0400 ext. 2329 or 2338**

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Gabrielle Charlebois  
After School Program Supervisor  
[Gabrielle.charlebois@cityofnorthbay.com](mailto:Gabrielle.charlebois@cityofnorthbay.com)  
(705) 474-0626ext 2338